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# “The Foxworthy”



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## September 2016

School begins on Tuesday, September 6, 2016

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Attendance Line 508-543-1626

Main Office - 508-543-1616 Fax - 508-698-6517

Guidance Office- 508-543-1620 Fax - 508-543-1670

[www.foxborough.k12.ma.us](http://www.foxborough.k12.ma.us)

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From the Principal  
Mrs. Diana Myers-Pachla

Dear Parents / Guardians,

Hello and welcome back! I hope that you've had a wonderful summer with family and friends and found time to relax before beginning another school year.

As September is within sight, it is time to begin focusing on the upcoming school year. While our students had a much-needed break from the academic rigor of school and all its accompanying activities, we have been preparing for the 2016-2017 school year. Our faculty and staff have been busy throughout the summer months preparing for the fall, our custodians have been working hard to ready the building for the start of school and the athletic fields are groomed and ready for action. All that is needed now is the enthusiasm and energy of our students!

Foxborough High School has an excellent reputation as an outstanding academic, co-curricular and athletic institution. This is a direct result of student involvement, accomplishments, and pride. As your child begins and continues his/her high school career, the three “A’s”, **ACADEMICS**, **ACHIEVEMENT**, and a **positive ATTITUDE**, will be the core of their success. We encourage students to work closely with their teachers, advisors and coaches. We expect that each student will bring his or her enthusiasm to learn to school each day and be an active participant in the learning process.

We, the faculty and staff of Foxborough High School, are extremely proud of the educational opportunities that are offered here and are committed to providing your child the best education possible. We are confident that your child will benefit greatly from his or her educational experience at FHS, and we welcome the contributions that your child will make to the school.

I look forward to a terrific school year, a year filled with accomplishments and challenges.

*Ms. Diana Myers-Pachla*

The Student Council will sponsor a  
**Open House for Grade 9 Students and  
Newcomers to Foxborough on Wednesday, August 31st.**



Ninth grade parents and students and Newcomers to Foxborough are welcome to attend an Open House on August 31st. FHS Student Council members are planning to speak about the school, and afterwards they will be available to provide students with a tour of the building. This program is designed to help students new to FHS and to the town, feel comfortable in their new surroundings. So mark your calendars and get ready for another school year!

You may contact Student Council Advisor, Ms. Holly Geffers at ([geffersh@foxborough.k12.ma.us](mailto:geffersh@foxborough.k12.ma.us)) with any questions!



**Date:** Wednesday, August 31, 2016

**Time:** 6:00 – 7:00 p.m.

### School Pictures

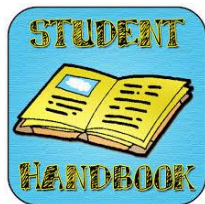


School pictures are scheduled for Thursday, Sept. 8<sup>th</sup>.  
(The 3<sup>rd</sup> day of school!)

The school photographer has mailed home to each student the flyer for the pictures. Please complete the flyer and bring it with your payment to school on your first day!!

**Remember to smile!**

## Parent / Student Handbook



On the first day of school, all students are given the FHS Handbook. Please encourage your student to bring it home and review with you. It is also available on the FHS website for your review. It is a valuable resource to answer questions you or your student may have. Thank you

## ATTENTION PARENTS

The first day of school your child will bring home important paperwork. Please be sure to look it over carefully.

One of the sheets will be titled:  
**2016-2017 "Student Profile"**

It is very important that the information on this sheet is accurate and up-to-date. Contact phone numbers and email addresses are extremely important in the event of contacting parents / guardians.

There is a section on the sheets where you may make corrections or updates. Once corrections/updates are made, the data is changed in Power School.

From this data, we are able to send out timely school information on dates such as upcoming SAT's, school events, or information that may not be available on the most recent version of the Foxworthy. In the event of an emergency, we are able to send out mass emails / voice mails pertaining to the school.

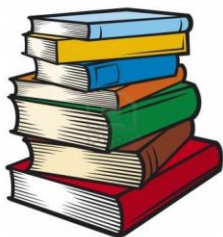
All future Foxworthy's (except the back-to-school edition), will be sent electronically to the email that you provide. So don't miss out on school updates and exciting events that are happening at the school!  
We appreciate your cooperation with returning these forms in a timely manner.

*Has your child done his/her summer reading!!!*

Our reading list this summer is:

**JUST READ**

Please visit the FHS webpage for suggestions on books that your child could read before heading back to school. There is a wonderful variety of books. Check it out!



## NEWS FROM FOOD SERVICES

On the first day of school, all students will be given a packet of information regarding the free/ reduced lunch program.

If your child is eligible for free or reduced school meals, they may also be eligible for free or **low cost health insurance**.

If you would like more information on this program, or the flyer does not make it home to you (*they tend to be put in lockers*), please contact the main office and we will be happy to mail one home to you, or visit our website at [www.foxborough.k12.ma.us](http://www.foxborough.k12.ma.us) and under Food Services is an application that you may download.

Ms. Janice Watt ....Director of Food Services



## Attention Parents / Guardians



As a safety precaution, and to avoid interference with the students, and the school buses, **no** automobiles will be allowed directly in front of the main entrance for morning drop-offs or afternoon pickups.

## Core Values, Beliefs, and Learning Expectations

Foxborough High School, in partnership with parents and the community, creates a safe, structured and supportive environment that we believe encourages students to become thoughtful, responsible and productive citizens. The school empowers students to strive for excellence as they develop critical thinking skills through reading, writing, speaking and using technology effectively across all disciplines. We believe Foxborough High School's comprehensive curriculum and extra-curricular activities provide students with opportunities to work collaboratively to solve problems while encouraging them to mature as independent learners.

## From the Principal ~ Diana Myers-Pachla

To Parent/Guardian:

On January 8, 2002, President Bush signed into law the "No Child Left Behind Act." As part of this law, recruiters from the United States Armed Forces can request student directory information from all public and private high schools that receive federal funding. Per the amendment, student directory information requested for recruiting purposes may contain the student's name, address and phone number. The parent or legal guardian may request that the student's name be excluded from the directory information.

If you desire that your child's name not be on the FHS directory, please sign this letter and return it to me no later than Friday, October 16, 2016. If you would like to send an email to my secretary instead of returning the form below, please do so at [sneyds@foxborough.k12.ma.us](mailto:sneyds@foxborough.k12.ma.us). Please remember to indicate your child's name, and grade on the email. If you have any questions, do not hesitate to call.

Sincerely,

Diana Myers-Pachla, Principal



I **do not** want my child/guardian's name to be listed on the directory provided to the United States Armed Forces recruiter.

Student's name \_\_\_\_\_

Grade \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_

Return to: Foxborough High School  
Attn: Sheila Sneyd / Main Office  
120 South Street, Foxborough, MA 02035



## New Faces at Foxborough High School



The following Assistant Principal, Athletic Director and teachers have been hired for the upcoming 2016-2017 school year.

**Assistant Principal** - Mr. David Pierce

**Athletic Director** – Mr. Rich Cormier

**Mathematics Department**– Ms. Caitlin Adamakis

During the Maternity Leave of both English Teacher, Mrs. Lauren Carlton and Math Teacher, Mrs. Kiley Macie, Mrs. Julie Sakalis and Ms. Hannah Gomes will be substituting until their return.

Please congratulate Ms. Pamela Anderson to her promotion of Special Education Department Head. Congratulations to Ms. Amanda DiCenso and Ms. Kimberly Wynn to their appointments as Special Education Teachers.

### FRESHMEN SPORTS NIGHT AUGUST 30<sup>TH</sup> -7:00PM - 8:15PM

All freshmen athletes must attend this workshop on August 30th from 7:00p.m. - 815p.m. in the auditorium. The presentation will be hosted by the Positive Coaching Alliance and the title of the workshop is "Triple-Impact Competitor."

### FALL SPORTS NIGHT SEPT. 1<sup>ST</sup> – 6:30PM



The fall sports night is scheduled for Thursday, Sept. 1<sup>st</sup>, beginning at 6:30pm., in the high school auditorium. This is a mandatory meeting for all fall athletes, parent(s), and coaches.

The night will include a speaker/video sponsored by the Foxborough Police Department. Athletic teams will then break out into individual meetings where coaches will review expectations. If you need further information you may contact the Athletic Director (Rich Cormier) at [cormierr@foxbrough.k12.ma.us](mailto:cormierr@foxbrough.k12.ma.us).





**Date:** Wednesday, September 14, 2016

**Start:** 6:30p.m.

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Parents and students are welcomed to attend the Open House on Set. 14<sup>th</sup> beginning at 6:30 p.m.

Parents will be able to see an example of a normal day of school for their child.

Parent's may download their child's schedule or pick up a hard copy schedule that evening.

First period will begin at 6:30 p.m. sharp with all classes rotating approximately every 10 minutes. So mark your calendars and get ready for another school year! We hope to see you on Sept. 14<sup>th</sup> at 6:30p.m.

## Guidance News

*Guidance Counselors – 2016-2017*

**A-B (Grades 9-12)**

Ms. Laureen White x 145

**C-HE (Grades 9-12)**

Mr. Andy Servideo x 146

**HI-PA (Grades 11-12)**

Ms. Erin Healy-Botelho x 148

**HI-N (Grades 9-10)**

Ms. Erin Healy-Botelho x 148

**PE-Z (Grades 11-12)**

Mr. Mark Cedorchuk x 157

**O - Z (Grades 9-10)**

Mr. Mark Cedorchuk x 157

**Mr. Joseph O'Neil**  
College Career Advisor

508-543-1620 x 147

Eileen Warnat- Secretary 508-543-1620 x 128

**Guidance Phone Number** 508-543-1620

**Guidance Fax Number** 508-543-1670

## Mathematics Department News

..... Ms. Susan Carle, Department Head



One of the most common questions we hear from parents is "What can I do to help my child at home?" Often what is most helpful isn't about specific content but rather about a habit of mind. In class, we have a set of mathematical practices that we stress with students. Probably the most important one is to make sense of problems and persevere in solving them.

Too often students will give up on a problem that requires them to think about a solution. In this fast paced world, they are often looking for a quick solution and when it isn't there we hear the dreaded "I don't get it." What this usually means is that the student needs to stop and think about how to approach the problem. Advances in science, technology, and information processing and communication, combined with the changing work place, underscore the need for all students to learn mathematics at deeper conceptual levels, beyond rote formulas, procedures, and rules. This means learning better problem solving skills. Business and industry demand workers who can solve real-world problems, explain their thinking to others, identify and analyze trends in data, and use modern technology.

The following list of questions, from the National Teachers Council of Teachers of Mathematics, can be used to help prompt your student when he/she is having difficulties. These questions won't tell him/her how to solve the problem but instead focus on what can be done to better understand the problem and what tools can be used to help find its solution.

- What is the problem that you're working on?
- Are there instructions or directions? What do they say?
- Are there words in the directions or the problem that you do not understand?
- Where do you think you should begin?
- Is there anything that you already know that can help you work through the problem?
- What have you done so far?
- Can you find help in your textbook or notes?
- Do you have other problems like this one? Can we look at one of those together?
- Can you draw a picture or make a diagram to show how you solved a problem like this one?
- What is your teacher asking you to do? Can you explain it to me?
- Can you tell me where you are stuck?
- Is there someone you can call to get help? Can you discuss the problem with a classmate?
- Would using a calculator help you solve the problem?
- Would it help to go on to another problem and come back to this one later?
- Is there a homework hotline at your school? What is the phone number for it?
- Why don't we look for some help on the Internet?
- If you do only part of a problem, will the teacher give you some credit?

With any luck, these questions will help start a dialogue about problem solving and perseverance. We are looking forward to another great year!

Ms. Susan Carle



A good way to spend free time.....

How can you cure the boredom blues and make school more enjoyable? Get involved in after-school activities from sports to the co-curricular clubs. It is great way for students to make new friends, provide opportunities to learn teamwork and responsibilities, fill time in a positive way, so students are less likely to get into trouble, students will lead to better attendance and better grades.

### **GET INVOLVED.....**

Art & Culture Club	Math Team
Best Buddies	Mock Trial
Game and Board Club	Model Senate
Community Warriors	Model U.N.
Debate Team	National Honor Society
DECA	Repertory Theater
Drama Club	Science Club
Flames of War Club	Ski Club
Foreign Language Club	Student Council
Gay / Straight Alliance	S.A.D.D (Students Against Destructive Decisions)
History Club	Yearbook

## **Grading Deadlines 2016-2017**

### **TERM 1**

Term Ends	Thursday, November 10 <sup>th</sup>
Report Cards distributed	Friday, November 18 <sup>th</sup>

### **TERM 2**

Term Ends	Thursday, January 26 <sup>th</sup>
Report Cards distributed	Friday, February 3 <sup>rd</sup>

### **TERM 3**

Term Ends	Friday, April 7 <sup>th</sup>
Report Cards distributed	Thursday, April 13 <sup>th</sup>

### **TERM 4**

Seniors	Mailed home 2 weeks after graduation
Underclassman	Mailed home 2 weeks after school ends

## **Mark your calendar.....**

Aug. 30	Staff Returns / Staff Development Day
	Freshmen Sports Night – Auditorium – 7:00 p.m.
Aug. 31	Staff Development Day
	Open House - Freshmen and Newcomers - 6:00 p.m.
Sept. 1	Staff Development Day
	Athletic Night – All athletes, parents and coaches– 6:30 p.m.
Sept. 5	Holiday
Sept. 6	School Opens K-2
Sept. 8	Class Pictures – All Grades
Sept. 10	Sport Pictures – 9:00 a.m.
Sept. 14	Open House – 6:30 p.m.
Sept. 22	College Information Night / Sr. Project Information Night
Sept. 26	Spanish Exchange Students Arrive

**Please Note: This schedule may change. Please check our website for an up-to-date listing of events at [www.foxborough.k12.ma.us](http://www.foxborough.k12.ma.us)**

The School Calendar is available on the FPS website. This was approved by the Foxborough School Committee on January 25, 2016.

Please note the following No School Days, Vacation Schedule, Half-Days (11:00a.m.) for your planning purposes.

### **No School**

August 30<sup>th</sup>, and August 31<sup>st</sup>  
 September 1  
 September 5<sup>th</sup>  
 October 10<sup>th</sup>  
 November 8<sup>th</sup>  
 November 11<sup>th</sup>  
 November 24<sup>th</sup> and 25<sup>th</sup>  
 December 26<sup>th</sup> – 30<sup>th</sup>  
 January 2<sup>nd</sup>  
 January 16<sup>th</sup>  
 January 27<sup>th</sup>  
 February 20<sup>th</sup> – February 24<sup>th</sup>  
 April 14<sup>th</sup>  
 April 17<sup>th</sup> – April 21<sup>st</sup>  
 May 29<sup>th</sup>

### **Half Day of School**

November 21<sup>st</sup>, 22<sup>nd</sup>, 23<sup>rd</sup>

Additional Half-Days will take place during exams. Notification of these dates will be provided at a later date.